



STARTERS

CONFIT GARLIC AND CHEESE

PIZZA BREAD (V) | 17

mozzarella, parmesan, rosemary

WHIPPED BURRATA (V)(GFA) | 18

crusty sourdough, chilli infused honey, fresh chives

DIPS & PITA (V)(GFA) | 19

please see specials sheet for today's selection
add marinated olives | 4

KARAAGE CHICKEN WINGS | 17

kewpie mayo, lime wedge

DUCK SPRING ROLLS | 21

house-made with nam jim, Asian herb salad

TRIPLE CHEESE ARANCINI (V) | 18

truffle aioli, shaved parmesan

ZUCCHINI & CORN FRITTATA (VE)(GF) | 17

beetroot hummus, toasted seeds

OVEN BAKED SCALLOPS (GF) | 22

wasabi kewpie, prosciutto, wakame, sesame oil

COFFIN BAY OYSTERS

6 12

natural, lime mignonette (GF) 25 40

chorizo kilpatrick (GF) 27 43

THE GRILL

250G RUMP STEAK (GFA) | 34

chips, garden salad, choice of sauce

300G SCOTCH FILLET (GFA) | 46

pumpkin purée, chimichurri baby potatoes, charred broccolini, red wine jus

ADD SAUCE

gravy, mushroom, diane, pepper (GF) | 3

red wine jus, chimichurri (GF) | 5

MAINS

GNOCCHI (V) | 26

semi dried tomatoes, baby spinach, creamy basil and walnut pesto sauce, toasted walnuts, parmesan

Add chicken | 8

CHIMICHURRI LAMB RUMP (GF) | 37

quinoa, roast pumpkin & cauliflower, slivered almonds, currants, herbs, fresh pomegranate

MUSHROOM & SPINACH WELLINGTON (VE) | 32

shaved fennel, currant and rocket salad, sweet potato fries, romesco

LINGUINE MARINARA | 36

SA prawns, salmon, squid, onion, heirloom tomato, chilli, napoli, rocket, charred lemon

350G PORK CUTLET (GF) | 40

apple purée, crispy potato, pickled fennel, currant and rocket salad, red wine jus

MOROCCAN ATLANTIC SALMON (GF) | 36

cauliflower rice, cucumber, tomato, red onion, currants, pistachio, charred lemon, spiced compound butter

OVEN BAKED CHICKEN BREAST (GF) | 35

pumpkin purée, crispy potato, feta, rocket and pine nut salad, crispy prosciutto, red wine jus

PAN SEARED DUCK BREAST (GFA) | 36

smashed rosemary potatoes, grilled broccolini, vegetable crisps, pomegranate and star anise jus

SOUTH AUSTRALIAN GARFISH (GFA)

2 PCE 36 | 3 PCE 46

tempura battered, panko crumbed or grilled served with house-made tartare & lemon, chips and salad or roast potatoes and seasonal vegetables

CLASSICS

TEMPURA BATTERED FISH & CHIPS (GFA) | 28

chips, garden salad, lemon, house-made tartare

SALT & PEPPER SQUID | 29

chips, garden salad, lemon, house-made tartare

CHICKEN BREAST SCHNITZEL | 24

chips and garden salad

BEEF PORTERHOUSE SCHNITZEL | 26

chips and garden salad

HERB CRUMBED EGGPLANT SCHNITZEL (VE) | 24

chips and garden salad

ADD SAUCE

gravy, mushroom, diane, pepper (GF) | 3
parmigiana | 4.5

red wine jus, chimichurri (GF) | 5

BURGERS

all burgers are served with chips

add sweet potato fries | 3

add gluten free bun | 3.5

KENSI BURGER (GFA) | 25

beef patty, mixed leaf, tomato, red onion, pickles, smoked cheddar, dill aioli, burger relish

CHICKEN BURGER | 24

panko crumbed chicken tenderloin, Barossa bacon, mixed leaf, tomato, guacamole, chipotle aioli

VEGGIE BURGER (V)(GFA) | 23

quinoa, corn & roast pumpkin patty, spinach, red onion, avocado, chipotle aioli

BACON CHEESEBURGER (GFA) | 25

beef patty, Barossa bacon, American cheese, pickles, onion rings, ketchup, American mustard

ADD

bacon | 5

free range egg | 4

beef patty | 10

SALADS

NOURISH BOWL (VE)(GF) | 23

roast pumpkin, pickled red cabbage, guacamole, corn, baby spinach, cauliflower rice, harissa chickpeas, green tahini dressing

VERMICELLI NOODLE SALAD (VE)(GF) | 22

cucumber ribbons, red cabbage, carrot, Asian herbs, pickled ginger, chilli, peanuts, kaffir lime soy dressing

CAESAR SALAD (GFA) | 24

cos lettuce, Barossa bacon, parmesan, poached egg, croutons, Caesar dressing, anchovies

ADD

crispy tofu (VE) | 8

grilled chicken (GF) | 8

salt & pepper squid | 12

SIDES

chips, tomato sauce, dill aioli (V) | 10

potato wedges, sweet chilli,

sour cream (V) | 12

sweet potato chips, chipotle aioli (V) | 12

feta, rocket, pine nut and crispy

prosciutto salad (GF) | 12

seasonal greens, chilli,

flaked almonds (V)(GF) | 14

chimichurri roast potatoes (V)(GFA) | 13

DESSERTS

DARK CHOCOLATE SEMIFREDDO (V)(GF) | 16

white chocolate ganache, hazelnut praline

LEMON SWIRL CHEESECAKE (V) | 15

blueberry compote, toasted coconut

RED WINE POACHED PEAR (VE)(GF) | 14

saffron anglaise, berry coulis, toasted

macadamia crumb

TRIO OF ICE CREAM (V)(GFA) OR

SORBET (VE)(GFA) | 13

ask staff for today's flavours, served with house-made biscotti

AFFOGATO (V)(GFA) | 12

espresso coffee, vanilla ice cream,

house-made biscotti

add shot of Frangelico, Kahlua, Baileys | 7.5

CHEESE BOARD (V)(GFA) | 18

poached pear, seeded lavosh, quince paste, mixed nuts, choose from smoked cheddar, double cream brie or blue cheese

add additional cheese | 10 per choice

THE KENSI

 TheKensi  the_kensi

A proudly South Australian,
family-owned business.

(GF) gluten free (GFA) gluten free available

(V) vegetarian (VE) vegan (VEA) vegan option available